



Table of Contents

Here's what you'll find in the **January 2005** Workshop!

Trends & Events

- ♦ Special Events and Days in
March, April, May, June 2005, T&E - p. 1.
- ♦ Children, Youth, and Family TrendFacts...
Trends in U.S. Families, T&E - p. 5.

Research & Reviews

- ♦ Reviews from Oleanna Books...
New and Newly Discovered Books, R&R - p. 1.
- ♦ Books that Inspire...
Meaningful Differences in the Everyday Experience of Young American Children, R&R - p. 4.
- ♦ Selected Research from the NISC Family Studies Database*...
Exploring Knowledge & Skills for Working With Children, Youth, Couples and Families, R&R - p. 5.

Methods & Materials

- ♦ Self-Esteem Ideas and Activities from Jean Illsley Clarke...
Dealing With Sensitive Subjects, M&M - p. 1.
- ♦ The Parent Trip...
Riding the Roller Coaster of Parenthood, M&M - p.5.
- ♦ Living with the Active Alert Child...
Diffusing Double Binds, M&M - p. 7.
- ♦ Positive Discipline Experiential Activities...
A "Before-You-Do-Anything-Rash" Review, M&M - p. 9.
- ♦ Keeping In Touch — While We're Apart...
How to Teach Family Values from Afar, M&M - p. 11.
- ♦ Family Fun...
Creating a Family Flag and Placemats, M&M - p. 12.
- ♦ Working with Fathers...
Fatherhood and Social Change: Lessons from the U.K., M&M - p. 14.

Marketing & Outreach

- ♦ Growing Concerns...
Five Resolutions for Parents, M&O - p. 1.
- ♦ Caregiving...
Stuck in the Middle? Try to Listen, but Protect Yourself, M&O - p. 2.
- ♦ Family Matters...
Structure in Our Lives: What? Why? How?, M&O - p. 3.
- ♦ Parent-to-Parent...
Getting Through the Rough Stretches, M&O - p. 6.
- ♦ Stepfamily Foundations...
What is the Stepmother's Role?, M&O - p. 7.
- ♦ A Dad's World...
A Dad Isn't a Male Mother, M&O - p. 9.
- ♦ Parenting Teens...
So Your Sweetie Has Just Broken Up, M&O - p. 10.
- ♦ Money Management for Teens...
Making Good Consumer Decisions, M&O - p. 12
- ♦ Families in the Middle...
Spiritual Needs of Physically Ill Elderly, M&O - p. 13.
- ♦ Briefs & Notes, M&O - p. 15.

Couple's Connection (optional)

- ♦ Building Lasting Relationships...
Planning for Your Best Good Years Ahead, CC - p. 1.
- ♦ Using Media in Marriage & Family Life Education...
Using Movies Effectively, CC - p. 3.
- ♦ Using Media in Marriage & Family Life Education...
Movie Clips, CC - p. 5.
- ♦ From MarriageSupport.com...
Self-Blame, CC - p. 7.
- ♦ From Dr. Janes's Notebook...
Marital Conflict: Couples' Pathway to Creative Growth, CC - p. 9.
- ♦ From the Counselor's Column...
My Part in My Marital Troubles, CC - p. 11.
- ♦ The Intentional Marriage...
Don't Lose Your Marriage to Your Kids, CC - p. 12.
- ♦ Empowering Couples...
Dealing with Problems: Negative Emotions, CC - p. 14.
- ♦ Working on Our Marriage...
Marriage 911, CC - p. 20.
- ♦ Activities for Working With Couples...
Because I Love You, CC - p. 22.

*Program Coordinators may copy this page and share it with IN-HOUSE staff. (This offer does not extend beyond professionals who share the same budget and/or the same LOCAL employer.) Copying to avoid individual/local program memberships is prohibited. State and Regional Offices do NOT have permission to send copies of sections out on request. Call FIS for information on individual and local program memberships (800-852-8112 in U.S. or 763-755-6233).

February 2005 AUDIO WORKSHOP: **Between Parent and Child: Emotionally Intelligent Parenting**,
an Interview with Dr. H. Wallace (Wally) Goddard



Table of Contents

Here's what you'll find in the **March 2005** Workshop!

Focus Issues

- ♦ Parenting/Child Development:
Parenting the One- and Two-Year-Old,
FI-P/CD - p. 1.
- ♦ Basic Parenting: Topics Include:
Parenting the Three- and Four-Year-Old and
The Teaching Parent (newsletter insert),
FI-BP - p. 1.
- ♦ Marriage & Family Development:
What Every Parent Should Know About Family
Meetings,
FI-M/FD - p. 1.
- ♦ Youth Development:
Breaking Up is Hard to Do,
FI-YD - p. 1.

Family Ministry Connection (optional)

- ♦ Focus Issue Study Guides,
FMC - p. 1.
- ♦ Family Time...
Would You Skip Your Favorite Activity
to Serve Others?,
FMC - p. 3.
- ♦ Building Faith Foundation...
We Are All Flowers in God's Garden of Love,
FMC - p. 4.
- ♦ Welcome Your Child...
Welcme Your Child: Birth to Twelve Months
You and Your Family-of-Origin,
FMC - p. 5.
- ♦ Christian Family Perspectives...
If We Want Our Children to Be Respectful, We
Need to Model Respect,
FMC - p. 10.

*Program Coordinators may copy this page and share it with IN-HOUSE staff. (This offer does not extend beyond professionals who share the same budget and/or the same LOCAL employer.) Copying to avoid individual/local program memberships is prohibited. State and Regional Offices do NOT have permission to send copies of sections out on request. Call FIS for information on individual and local program memberships (800-852-8112 in U.S. or 763-755-6233).

April 2005 AUDIO WORKSHOP: How Your "Brain Style" Impacts Your Parenting,
an Interview with Susie Weller, M.A.



Table of Contents

Here's what you'll find in the **May 2005** Workshop!

Trends & Events

- ♦ Special Events and Days in
July, August, September, October 2005, T&E - p. 8.
- ♦ Children, Youth, and Family TrendFacts...
Celebrate VIP Month (Very Important Parents), T&E - p. 11.
- ♦ Children, Youth, and Family TrendFacts...
VIP Celebration in South Carolina, T&E - p. 15.

Research & Reviews

- ♦ Reviews from Oleanna Books...
New and Newly Discovered Books, R&R - p. 11.
- ♦ Books that Inspire...
The Keeping Quilt, R&R - p. 13.
- ♦ Videos Reviews from Child Development Media, Inc...
Responses to Child Abuse and Neglect, R&R - p. 14.
- ♦ Selected Research from the NISC Family Studies Database*...
Families in Special Circumstances, R&R - p. 17.

Methods & Materials

- ♦ Self-Esteem Ideas and Activities from Jean Illsley Clarke...
Responding to Sensitive Subjects, M&M - p. 17.
- ♦ The Parent Trip...
Encouraging Our Children and Ourselves, M&M - p. 22.
- ♦ Living with the Active Alert Child...
Active Alert as Teenagers, M&M - p. 24.
- ♦ Positive Discipline Experiential Activities...
Positive Time-Out vs. Punitive Time-Out, M&M - p. 26.
- ♦ Keeping In Touch — While We're Apart...
How to Improve Family Communication from Afar, M&M - p. 30.
- ♦ Family Fun...
Creating Family Faces, M&M - p. 31.
- ♦ Grandparents Raising Grandchildren...
Navigating Support Systems: A Map for Custodial Grandparents, M&M - p. 32.

Marketing & Outreach

- ♦ Growing Concerns...
Morning Rush, M&O - p. 18.
- ♦ Caregiving...
How to Use R-E-R-U-N Talk to Avoid Bringing Out the S.W.A.T. Team, M&O - p. 19.
- ♦ Family Matters...
Traveling With Children: Planes, Trains and "Are we there yet?", M&O - p. 20.
- ♦ Parent-to-Parent...
As Summer Ends, School Begins, M&O - p. 23.
- ♦ Stepfamily Foundations...
Sixteen Cries of a Stepmother, M&O - p. 24.
- ♦ A Father's World...
Dads — Diversify, M&O - p. 25.
- ♦ Parenting Teens...
So Your Sweetie Is a Babysitter?, M&O - p. 26.
- ♦ Money Management for Teens...
Checking Accounts and Bank Cards, M&O - p. 28.
- ♦ Families in the Middle...
Understanding Communication Problems With Older Adults, M&O - p. 30.
- ♦ Briefs & Notes, M&O - p. 32.

Couple's Connection (optional)

- ♦ Building Lasting Relationships...
Staying Current and Present With Your Spouse, CC - p. 24.
- ♦ Using Media in Family Life Education...
Movie Clips, CC - p. 26.
- ♦ From MarriageSupport.com...
Interdependence, CC - p. 32.
- ♦ From Dr. Janes's Notebook...
Why Love Is Not Enough..., CC - p. 34.
- ♦ The Power of Two...
Receiving Anger Without Fighting, CC - p. 35.
- ♦ Empowering Couples...
Resolving Conflict: Address the Issues, CC - p. 37.
- ♦ Working on Our Marriage...
Help for Sex-Starved Couples, CC - p. 41.
- ♦ Activities for Working With Couples...
Spring Cleaning, CC - p. 42.

*Program Coordinators may copy this page and share it with IN-HOUSE staff. (This offer does not extend beyond professionals who share the same budget and/or the same LOCAL employer.) Copying to avoid individual/local program memberships is prohibited. State and Regional Offices do NOT have permission to send copies of sections out on request. Call FIS for information on individual and local program memberships (800-852-8112 in U.S. or 763-755-6233).

June 2005 AUDIO WORKSHOP: *Finding Hope and Healing When Dreams Are Lost*,
an Interview with Ted Bowman, M.Div.



Table of Contents

Here's what you'll find in the **July 2005** Workshop!

Focus Issues

- ♦ Parenting/Child Development:
Don't Croak on Secondhand Smoke,
FI-P/CD - p. 23.
- ♦ Basic Parenting: Topics Include:
Helping Families Understand How the Family of Their Past Affects the Family of Their Future
and The Teaching Parent (newsletter insert),
FI-BP - p. 24.
- ♦ Marriage & Family Development:
Better Partners, Better Parents: Parenting As a Team,
FI-M/FD - p. 16.
- ♦ Youth Development:
Searching for Solutions: Why Kids Get High,
FI-YD - p. 12.

Family Ministry Connection (optional)

- ♦ Focus Issue Study Guides,
FMC - p. 11.
- ♦ Family Time...
Take a Fraction of Your Challenge and Hand It to God,
FMC - p. 14.
- ♦ Building Faith Foundation...
God's Wild and Wonderful Zoo — the World!,
FMC - p. 15.
- ♦ Welcome Your Child...
Birth to Twelve Months: You and Your Baby,
FMC - p. 16.
- ♦ Christian Family Perspectives...
Who Needs Human Contact?,
FMC - p. 25.

*Program Coordinators may copy this page and share it with IN-HOUSE staff. (This offer does not extend beyond professionals who share the same budget and/or the same LOCAL employer.) Copying to avoid individual/local program memberships is prohibited. State and Regional Offices do NOT have permission to send copies of sections out on request. Call FIS for information on individual and local program memberships (800-852-8112 in U.S. or 763-755-6233).

August 2005 AUDIO WORKSHOP: *Supporting Families of Children With Special Needs,*
an Interview with Peggy O'Toole-Martin



Table of Contents

Here's what you'll find in the [September 2005 Workshop!](#)

Trends & Events

- ♦ Special Events and Days in
November, December 2005, January, February 2006,
T&E - p. 17.
- ♦ Children, Youth, and Family TrendFacts...
America's Children: Key National Indicators of Well-Being,
2005, T&E - p.19.

Research & Reviews

- ♦ Reviews from Oleanna Books...
New and Newly Discovered Books, R&R - p. 22.
- ♦ Books that Inspire...
What Am I Feeling?, R&R - p. 25.
- ♦ Research Highlights...
A Checklist for Assessing the Impact of Policies and
Programs on Families, R&R - p. 26.
- ♦ Reflections of a Parent Educator...
Parents: Who Are They?, R&R - p. 29.

Methods & Materials

- ♦ Self-Esteem Ideas and Activities from Jean Illsley Clarke...
How to Develop Training Workshops or Presentations on
Sensitive Subjects, M&M - p. 34.
- ♦ The Parent Trip...
Children's Development: Infant, Toddler, Preschool Age,
M&M - p. 45.
- ♦ Living with the Active Alert Child...
The 3R's: Routines, Rules and Rituals, M&M - p. 47.
- ♦ Positive Discipline Experiential Activities...
Life in a Child's World (You're So Big and I'm So Small),
M&M - p. 49.
- ♦ Keeping In Touch — While We're Apart...
Staying Connected Through Sports, M&M - p. 50.
- ♦ Family Fun...
What Are Your State's Symbols?, M&M - p. 51.
- ♦ Working with Fathers...
Engaging Fathers Through Early Childhood Programs,
M&M - p. 52.
- ♦ Grandparents Raising Grandchildren...
Health Care for Grandparent-Headed Families,
M&M - p. 55.

Marketing & Outreach

- ♦ Growing Concerns...
Candy Concerns: Finding Fun & Healthy Sweets,
M&O - p. 35.
- ♦ Caregiving...
Parenting Techniques Need to Be Practiced, M&O - p. 36.
- ♦ Family Matters...
The Parental Balancing Act: What is Fair?, M&O - p. 37.
- ♦ Parent-to-Parent...
Seeing Our Children As Beautiful, M&O - p. 39.
- ♦ Stepfamily Foundations...
Ten Rules for Stepmothers, M&O - p. 41.
- ♦ A Father's World... *Self-Esteem and Fathers, M&O - p. 42.*
- ♦ Parenting Teens...
So Your Sweetie Has a Weight Problem, M&O - p. 43.
- ♦ Money Management for Teens...
Keep Good Financial Records, M&O - p. 45.
- ♦ Families in the Middle...
Helping Elders Navigate Dilemmas of Aging, M&O - p. 46.
- ♦ Holiday Topics... *Celebrating the Holidays, M&O - p. 48.*
- ♦ Briefs & Notes, M&O - p. 51.

Couple's Connection (optional)

- ♦ Building Lasting Relationships...
Conflict Resolution: The Key to Couple Transformation,
CC - p. 44.
- ♦ Using Media in Family Life Education...
Movie Clips, CC - p. 46.
- ♦ From MarriageSupport.com...
Conversation Is the Key to an Interesting Relationship,
CC - p. 49.
- ♦ From Dr. Janes's Notebook...
The Family Tug-of-War, CC - p. 51.
- ♦ From the Counselor's Column...
The Addiction to Helping Addicts, CC - p. 52.
- ♦ The Power of Two...
The Triple-A Strategy for Receiving Anger, CC - p. 54.
- ♦ Working on Our Marriage...
Real People, Real Relationships, Fake Reality, CC - p. 57.
- ♦ Activities for Working With Couples...
Life in the Basement?, CC - p. 58.

*Program Coordinators may copy this page and share it with IN-HOUSE staff. (This offer does not extend beyond professionals who share the same budget and/or the same LOCAL employer.) Copying to avoid individual/local program memberships is prohibited. State and Regional Offices do NOT have permission to send copies of sections out on request. Call FIS for information on individual and local program memberships (800-852-8112 in U.S. or 763-755-6233).

October 2005 AUDIO WORKSHOP: *Military Families: The Cycle of Deployment,*
an Interview with Chaplain (MAJ) John Morris



Table of Contents

Here's what you'll find in the **November 2005** Workshop!

Focus Issues

- ♦ Parenting/Child Development:
It Happened to Me — Children Coping With Crisis, FI-P/CD - p. 33.
- ♦ Basic Parenting: Topics Include:
Social Development: Foundation for a Lifetime of Relationships and The Teaching Parent (newsletter insert), FI-BP - p. 58.
- ♦ Marriage & Family Development:
Better Partners, Better Parents: Parenting As a Team (Sessions 5-8), FI-M/FD - p. 44.
- ♦ Youth Development:
I Can't Believe This Happened to Me — Teens Coping With Crisis, FI-YD - p. 21.

Family Ministry Connection (optional)

- ♦ Focus Issue Study Guides,
FMC - p. 26.
- ♦ Family Time...
Mary Knew Doing the Right Thing Wasn't Easy, FMC - p. 29.
- ♦ Building Faith Foundation...
Advent Already? Christmas Is Coming!, FMC - p. 30.
- ♦ Welcome Your Child...
Family Spirituality, FMC - p. 31.
- ♦ Family Ministry Special Topics...
Beyond the Yellow Ribbon: How Churches Can Help Soldiers and Their Families Readjust After Combat, FMC - p. 36.

*Program Coordinators may copy this page and share it with IN-HOUSE staff. (This offer does not extend beyond professionals who share the same budget and/or the same LOCAL employer.) Copying to avoid individual/local program memberships is prohibited. State and Regional Offices do NOT have permission to send copies of sections out on request. Call FIS for information on individual and local program memberships (800-852-8112 in U.S. or 763-755-6233).

December 2005 AUDIO WORKSHOP: *Helping Children Cope With Fears and Stressful Events*,
an Interview with Dr. Doris Brett